



SACRAMENTO  
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November 20, 2008

George Mattson  
International Uechi-ryu Karate Federation  
POB 1403  
Mount Dora, FL 32756

Dear Mr. Mattson:

It is my pleasure to recommend Wil Jorae for his Shihan certification. Wil began his Uechi-ryu training in 1994 as a student in my PE 32 Uechi-ryu Karate Class. Since that time, he has continuously trained in Uechi-ryu Karate, assisted with and ran Uechi-ryu classes, and has supplemented his training through numerous seminars featuring both Okinawan and American Masters of Uechi-ryu Karate.

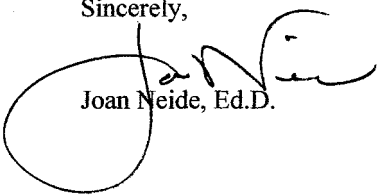
Wil started assisting with teaching early on. During the first three years of his training, he worked out five days a week. He lead the continuing students during the beginner classes Mondays through Thursdays and attended Friday night advanced classes. Wil successfully tested for his Shodan in 1997. While attending graduate school, he continued his training three days a week, assisting with the continuing Kyu-ranks. Wil continued his training, earning his Nidan in 2000, his Sandan in 2003, and his Yondan in 2007. Wil also assists with beginning and intermediate students at Robert Van Der Volgen's Uechi-ryu Karate class through the City of Sacramento's Parks and Recreation District.

Will served as the instructor for a supplemental Monday night class for the Uechi-ryu Karate Do Club from January 2002 through August 2002. He and Wendy Jorae, a Sandan in Uechi-ryu, are currently teaching a Monday night class for the Saint Francis High School Uechi-ryu Karate Club. Wendy Jorae teaches a Self-Defense/Introduction to Uechi-ryu physical education class at Saint Francis High School during the day, and the club allows continuing students a chance to further their training at a more advanced level.

Wil has supplemented his training by attending numerous special seminars, including Summer Camp in Buzzard's Bay, Massachusetts in 2002 and 2008. He attended training seminars hosted by the CSU Sacramento Uechi-ryu Karate Club, both as a club officer and as an alumni member. Some of his favorite and rewarding seminars included two featuring George Mattson in 2002 and 2003 as well as one featuring Jim Thompson in 2001. He has attended multiple workouts at Jim Thompson's Karate Academy in Kalamazoo, Michigan. Wil has also attended numerous other Uechi-affiliated seminars in California hosted by Sohei-ryu and Kenyukai. These seminar featured Okinawan instructors, including Shinjo Kiyohide, Gushi Shinyu, Takamiyagi Shigeru and Higa Toshio. He competed in three Okinawan-style tournaments for the experience, and placed in two of those tournaments. He supplements his Uechi-ryu training through the study of Okinawan Kobudo which he began in 1998 with Robert Van Der Volgen, Steve Harrington, and Adam Vallombrosa.

I am confident that Wil has both the necessary martial arts experience and teaching skills to qualify for his Shihan certification. Please feel free to contact me if you have any questions or concerns.

Sincerely,

  
Joan Neide, Ed.D.

## Shihan Certificate Application

### Candidate's Name

William Jorae  
6200 2<sup>nd</sup> Avenue  
Sacramento, CA 95817  
[wylgeorai@surewest.net](mailto:wylgeorai@surewest.net)  
IUKF # 200114

Candidate signature: \_\_\_\_\_

*William J. Jorae*

### Instructor's Name

Joan Neide  
California State University, Sacramento  
Department of Kinesiology and Health Science  
6000 J Street  
Sacramento, CA 95819-6073  
[neidej@csus.edu](mailto:neidej@csus.edu)  
Instructor signature on letter of recommendation

Wil Jorae  
Martial Arts Resume  
November 20, 2008

Training:

Uechi-ryu Karate	1994-present
Okinawan Kobudo	May 1998-present (Ken Sei Kan Weapon Forms)
Yang-style Tai Chi Chuan	Spring 1993, Fall 1994 – Spring 1995 (no longer training)
Tae Kwon Do	Fall 1992 (no longer training)

Promotions:

Rank:	Date:	Cert from:
Yondan	01/2007	IUKF
Sandan	11/2003	IUKF
Nidan	05/2000	IUKF
Shodan	05/1997	SOKE

Tournaments:

2005 Dixon, CA (Sandan)  
    Competed in Kobudo forms - 3<sup>rd</sup> place  
    Competed in Kata

2001 Atlanta, GA (Nidan)  
    Competed in Kata

1996 Sacramento, CA (San-kyu)  
    Competed in Sparring - 2<sup>nd</sup> place  
    Competed in Kata - 2<sup>nd</sup> place

Teaching Experience:

St. Francis High School  
    Fall 2008-  
    Instructor - Monday Night Class for the Karate Club, St. Francis High School

CSU Sacramento  
    2008 (4/15, 4/17)  
    Guest Instructor – KINS 50 Uechi-Ryu Karate Class

Sacramento Parks and Recreation: Uechi-Ryu Karate Class  
    Summer 2000-  
    Assist head instructor with lower ranks, new students, and with Okinawan Weapons Training

CSU Sacramento  
    Spring 2002-Summer 2002  
    Instructor - Monday night class for the Uechi-Ryu Karate Do Club

Teaching Experience (continued):

CSU Sacramento

Fall 1997-Spring 1999

Lead side workout for returning/continuing Kyu-ranks during PE 118 classes - 2 days a week

CSU Sacramento

Spring 1995-Spring 1997

Lead side workout for returning/continuing Kyu-ranks during PE 118 and PE 32 classes - 4 days a week

Participation on Dan-rank Testing Boards:

2004 Sat on Dan Test for three Shodans (Maura Dykstra, Tui, and Masahiro Omae) as well as a Nidan (Som Sivongxay)

2003 Sat on Shodan Test as “trainee” (Daniel Martinez)

2002 Sat on Shodan Test as a “trainee” (Som Sivongxay and Jim Wang)

2001 Sat on Nidan Test as a “trainee” (Wendy Jorae and Henry Carino)

1999 Sat on Shodan Test as a “trainee” (Dave Shorey)

Special Training Seminars Attended:

2008 IUKF Summer Camp (August)

Buzzard’s Bay, MA

Special seminars by Joe Lewis, Al Wharton, and others

2008 Kenyukai (July)

Antioch, CA

Special seminars by Gushi Shinyu and Kyoshi Alan Dollar

2005 Shohei-ryu (August)

Antioch, CA

Special seminars by Takamiyagi Shigeru and Higa Toshio

2003 Kenyukai (May 16-17)

Antioch, CA

Special seminars by Gushi Shinyu and Alan Dollar

Special Training Seminars Attended (continued):

2003 IUKF(April)

Sacramento, CA

Special seminars by George Mattson and Steve Harrington

2002 JKA Shotokan – open to all styles (August 18)

Sacramento, CA

Special seminar by Nishiyama Hidetaka

2002 IUKF (August 9-11)

Buzzard's Bay, MA

Special seminars by George Mattson, Walter Mattson, Bobby Campbell, Al Wharton, Joe Pomfret, and others

2002 Charles Earl Uechi Karate School (July)

Kalamazoo, MI

Attended workout lead by Charles Earl

2002 IUKF(April)

Sacramento, CA

Special seminars by George Mattson and Steve Harrington

2001 Traditional Okinawan Rengokai (July)

Atlanta, GA

Attended seminars by Tomoyose Ryuko, Nakahodo Tsutomu, and Jim Thompson

2001 IUKF (May)

Sacramento, CA

Attended seminars by Jim Thompson

2000 Kokusai (July)

Kalamazoo, MI

Attended workout by Jim Thompson

1997 Kenyukai (May)

Antioch, CA

Attended seminars by Shinjo Kiyohide

1995 Kenyukai (August 17-18)

Antioch, CA

Attended seminars by Shinjo Kiyohide and Rick Martin